

HOPE

THE STEHLIN FOUNDATION FOR CANCER RESEARCH

SEPTEMBER 2001

Hope Newsletter honors the Terry Fox "Marathon of Hope," and invites you to join us on Saturday, September 15, 2001 for this year's 5K run/walk.

Join people all over the world for the largest single day of fund-raising for the treatment of cancer! The Four Seasons Hotel, Christus St. Joseph and The Stehlin Foundation come together with sponsors and friends to use our good health in the fight against cancer.

Channel 2, The Houston Chronicle, 002 Magazine and KLDE Oldies 107.5 fm are the media sponsors for this year's Terry Fox Run. Many of Houston's finest downtown restaurants and clubs are providing refreshments for the post-race party! After the run, stay and celebrate with friends, celebrities, chefs, and stars from the Aeros.

A registration form is on page 3.



Russell Freeman and Carl White are poised to race at the start of the 2000 Terry Fox Run 5K Wheelchair Race

Terry's Dream Gives Hope in Houston

Over 20 years ago, 18-year-old Terry Fox was diagnosed with bone cancer. His right leg was amputated, and he was fitted with a prosthetic leg. Determined to live his life with significance and vigor, Terry began running across Canada with the goal of raising \$1 million for cancer research. That goal was met 4 months before he died. When the gun sounds to begin the Terry Fox Run every year in countries all over the world, his dream continues.

On April 12, 1980, Terry Fox dipped his artificial leg into the Atlantic Ocean in St. John's, New Foundland. This signaled the commencement of his "Marathon of Hope," wherein he ran an average of 26 miles a day for 143 days. This tremendous pace equaled almost a marathon a day for a courageous young man with one artificial leg. Terry ran 3,339 miles across Canada, inspiring millions of people with hope and

courage.

Terry's life ended on June 28, 1981, but his legacy continues. This year, the Houston Terry Fox Run is expected to raise as much as \$90,000, which will be donated to the Stehlin Foundation for Cancer Research. This fundraising event is a key part of the Stehlin Foundation's support - it takes \$8,200 to run the Stehlin lab every day, resulting in a \$3 million operating budget every year.

Over \$275 million worldwide has been raised for cancer research in Terry's name to date. The Terry Fox Run is the largest single-day fund-raiser for cancer research in the world. Terry's influence reaches far beyond what he might have imagined 21 years ago.

Two faithful supporters of the Houston Terry Fox Run are the Four Seasons Hotel and CHRISTUS St. Joseph Hospital. Isadore Sharp, founder of the Four Season Hotels and Resorts,

was deeply moved during Terry's "Marathon of Hope" and vowed to keep Terry's dream alive. He founded the Terry Fox Run, and has promised that as long as there is a Four Seasons hotel anywhere in the world, there will be a Terry Fox Run.

This year, Terry Fox Runs will be held in over 480 sites in 55 countries. In Houston, it will be held on Saturday, September 15th, starting at the Four Seasons Hotel, 1300 Lamar at Austin, in downtown Houston.

The Stehlin Foundation thanks the Four Seasons Hotel and CHRISTUS St. Joseph for the incredible work they do every year to coordinate and promote the Terry Fox Run.

If you would like to join us this year and/or make a donation, please call the "Run" hotline at 713.652.6206 or use the registration form on page 3. □



2nd Annual Houston Hot Sauce Festival

Saturday, September 22, 2001

The second annual Houston Hot Sauce Festival will be held Saturday, September 22, 2001 to raise money for the Stehlin Foundation for Cancer Research. Local news media, including Chronicle Food Editor John DeMeers and Columnist Ken Hoffman, will be judging the Amateur Hot Sauce Contest.

Admission to the Festival is FREE. Funds are raised for the Foundation via t-shirt sales, food and beverage sales, and vendor fees.

Festival Organizer Carol Steffan, a breast cancer survivor and patient at the Stehlin & de Ipolyi Clinic, is excited about this year's Festival. "We have vendors coming from as far away as Australia!" Carol enthuses. "Last year, 7,000 people came to the Festival, and this year we're expecting to double that figure!"

Entertainment will be as spicy as the food, ranging from local talents such as

Michael T. and the Zydeco Dots, to Bill Wharton, the Sauce Boss. Wharton is a nationally acclaimed blues artist who cooks gumbo on stage while performing. During the last ten years, he has served gumbo to over 80,000 people; at the end of the show, everybody eats.

This year's Festival features an Amateur Hot Sauce Contest open to anyone who wants to participate. The conquering chef will receive 24 cases of their winning recipe produced by Peppers of the World, one of the sponsoring vendors.

The Houston Hot Sauce Festival will have free children's activities, food samples ranging from mild to wild, a variety of cold beverages, contests, prizes, and more.

Carol Steffan, after undergoing two years of successful treatment at the Stehlin & de Ipolyi Clinic, is a mother of two living an active and healthy life. "The Houston Hot Sauce Festival is my way of blessing the Stehlin Foundation,"



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Carol affirms. "I am so grateful and blessed to enjoy my life and family, and I want to do all I can to provide others with the same opportunity. I deeply believe in the work of the Stehlin Foundation."

The Festival will be held from Noon to 10:00 pm at the Great Southwest Equestrian Center, 2501 S. Mason Road, 2.9 miles south of I-10. For more information about attending or participating, please call Carol at 281.558.3518 or visit www.houstonhotsauce.com. □

Cancer Fighters Support Stehlin

The Cancer Fighters of Houston, Inc., recently gave the Stehlin Foundation a check for \$42,000.

"We are pleased to be able to provide financial support for the Stehlin Foundation," said Cancer Fighters President Mrs. Ruth Cooper. "Earlier this Spring, we gave Dr. Beppino Giovanella our Eagle Award for the brilliant work he and the other doctors and researchers are doing in their tireless search for cancer treatments."

Chartered by the state of Texas in 1980, the Cancer Fighters of Houston, Inc., recently passed the million dollar mark in total donations. Started by nine founding members, the Cancer Fighters has grown to over 200 active volunteers. The Cancer Fighters of Houston, Inc., is an all-volunteer 501(c)(3) nonprofit Texas corporation, whose members pay dues and conduct a variety of fund-raising activities throughout the business and social communities.

The Stehlin Foundation is one of



The Research Committee of the 2000-2001 Cancer Fighters of Houston, Inc., presents a check for \$42,000 to the Stehlin Foundation. *Left to right:* Alice Wise, Dr. Beppino Giovanella, Bobby Anderson, Annette Williams, Barbara Diffey, Beverly Brewer, Terrie Straughan, Liz Taylor.

over a dozen Houston-area recipients of the Cancer Fighters' generosity and hard work. The Rose-Joan Gordon Center has been a Cancer Fighters special project since 1989. A nonprofit facility for breast cancer screening, diagnosis and support, the Rose-Joan Gordon Center has helped thousands of Houston residents.

The Cancer Fighters of Houston, Inc., have provided over 50,000 volunteer hours of education and service to the Greater Houston Area. Their support of Houston-only cancer organizations greatly increases the

likelihood of successful cancer treatments. The Stehlin Foundation is deeply grateful for the ongoing support of the Cancer Fighters of Houston, Inc.

For more information about the Cancer Fighters of Houston, Inc., and the Rose-Joan Gordon Center, call 713.668.2996.

We reported the story of Dr. Giovanella receiving the Cancer Fighters' Eagle Award in the last issue of *Hope*. In that story, the editors misidentified the name of the Cancer Fighters of Houston, Inc. We apologize for the inadvertent attribution. □





Stehlin Foundation Sails Through Tropical Storm Allison



Flood repair at the Stehlin Foundation

Starting Thursday, June 7, and continuing throughout the weekend, Tropical Storm Allison deluged the Houston area with over 33" of rain. The city's storm drains and sewers were overwhelmed, homes and offices were submerged, and 22 people perished. Houston's "Texas Medical Center" was incapacitated for weeks, and many hospitals reported the tragic loss of decades of research data.

Many supporters of the Stehlin Foundation have called to ask if the Laboratory received any damage during the flooding. Lab Supervisor Dana Vardemann has been intimately involved in the process.

How much water got in the building? *There was about 6 to 8 inches throughout the entire lab.*
Did the Stehlin Foundation lose any research data? *No. We were totally prepared, and we lost absolutely no data. We save all of our data on hardcopies every day and send them off site to be stored so we didn't lose any of our research or data.*
Did you lose any equipment? *Yes, 5 computers (which were insured) and 2 refrigerator compressors. On the whole, thanks to god and advanced preparation, we were spared major damage. Over the years, bobby Anderson has implemented many contingency plans which afford maximum protection for our animals, experiments and research data. □*

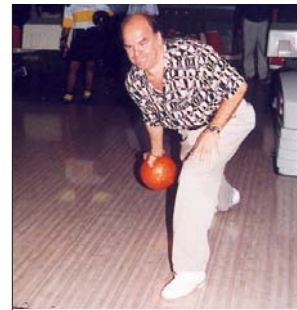
Luci Bonneau Bowling Tournament

The second annual Professional Women's Bowling Association Luci Bonneau Southwest Mixed Doubles was held July 27-29 at Dynamic Lanes in Houston. A full field of 128 of the best men's and women's pros and amateurs competed to raise money for the Stehlin Foundation for Cancer Research.

This second annual event was sponsored by Storm Bowling Products; and pro-am proceeds benefit the Stehlin Foundation Cancer Research. The event is named in honor of Luci

Bonneau, a PWBA champion and former managing partner of Dynamic Lanes. Luci passed away in October of 1999 after a courageous two-year battle with breast cancer. Last year, over \$7,000 was donated to the Stehlin Foundation in Luci's name.

This year, \$14,000 was donated to the Stehlin Foundation. "We were tremendously excited!" said organizer Donna Conners. "It was terrific to be able to double the amount we raised in just one year. We can't wait for next year - maybe we'll double it again! It's a



Dr. Peter deIpoly throws the first ball at the 2001 Luci Bonneau PWBA Tournament

blessing to be able to support the doctors and researchers at the Stehlin Foundation."

For more information about the Luci Bonneau Tournament, please contact Donna Conners at 713.789.9084. □

Terry Fox Run Entry Form

I am entering the: 5K Wheelchair 5K Kids' 1K Run/Walk
First Name: _____ Last Name: _____
Age on 9/15/01: _____ Sex: Male Female
Street Address: _____ City: _____ State: _____
Zip Code: _____ Phone (Day): _____ (Evening): _____
HARRA member # _____ (must be included for \$1 discount).

ENTRY FEES: NO REFUNDS

5K:	Kids' 1K Run/Walk:
\$18 through 9/8	\$10 through 9/8
\$20 after 9/8	\$12 after 9/8
\$25 on race day	\$12 on race day

Shirt size (cotton)

- Small Medium Large
 Extra-Large Kids' Medium

You will automatically receive a large T-shirt if you fail to mark a size.

Signature _____

(Baby joggers, strollers, roller blades, skates, bicycles, pets, etc. are not permitted on the race course).

- No, I cannot compete this year, but my donation in the amount of \$ _____ is enclosed.
 Enclosed are additional donations in the amount of \$ _____.
 My company matches donations: company name _____ contact _____ phone _____
 I AM A CANCER SURVIVOR.

WAIVER STATEMENT

In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against USA Track & Field, the City of Houston, HARRA, any sponsor, and all officials of this race for any injury or illness which may directly or indirectly result from my participation in the Terry Fox Run. I further state that I have trained and I am in proper physical condition to participate in this event. This entry is invalid unless signed by entrant. If entrant is under 18 years of age, parent or guardian must sign. Only one entry per form. This form may be photocopied.

Send completed Entry Form with your check payable to: Terry Fox Run 6214 Wynnwood Houston, TX 77008



A Summer for the Cure

During the summer, many students enjoy relaxing or getting a job at a coffee shop or a restaurant to make some money before school starts again. Others, like the 11 interns at the Stehlin Foundation for Cancer Research devoted their summer to finding a cure for cancer while defining their career path and fields of study.

The students, age 16 to 20, worked on cancer research in the laboratory and accompanied doctors on patient visits and in the operating room. Part of their job requires testing human cancerous tumors and helping with the development of new anti-cancer drugs. They were also exposed to Stehlin's famous patient-care principle, which emphasizes treating people, not cancer.

Lisa Davidson, a junior at the University of Texas said, "One of my favorite things about this program was going on rounds with the doctors. When I accompanied Dr. dePolvi and observed the sincere way he relates to his patients and invests in their lives, I knew I wanted to be that kind of doctor."

Since its start in 1980, more than

200 high school and college students have participated as paid interns in the Education Program of the Stehlin Foundation. The competition to receive an internship is tough. Most of the Stehlin program alumni enter medical or graduate school to become doctors or researchers.

"These students share a common desire to help save lives and make a difference in the world," said Dana Vardeman, the laboratory supervisor. "Students return to school with a broader understanding of medicine and a feeling of accomplishment in the midst of the continued search for a cure," continued Vardeman. "And the intern program richly benefits the Stehlin Foundation each year."

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Visit The Stehlin Foundation on the internet at www.stehlin.org.



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